

Abundance	Expertise	Learning	Respect
Diversity	Fashion	Leisure	Results
Activism	Fairness & social justice	Literature	Risk taking
Advancement	Family	Living your dreams	Security
Adventure	Feminism	Love for myself	Self-control
Aesthetics	Financial security	Love for others	Self-respect
Ambition	Freedom	Moral fulfillment	Sensuality
Animal rights	Friendship	Music	Self-care
Art	Generosity	Nature	Spirituality
Attention to detail	Global awareness	Open communication	Spontaneity
Authenticity	Global peace	Opening myself to love	Stability
Balance	Growth	Optimism	Story telling
Beauty	Happiness / positivity	Passion	Style
Kindness	Harmony	Patriotism	Taking responsibility
Calmness	Health	Persistence	The big picture
Challenging myself	Helping others	Personal expression	Thinking time
Change and variety	Honesty	Personal growth	Tidiness
Charity	Honour	Perspective	Time
Collaboration	Humour	Physical challenge	Tolerance
Community	Imagination	Play	Tranquillity
Compassion	Independence	Pleasure	Trust
Competence	Influence	Power	Wealth
Competition	Innovation	Precision	Wonder and awe
Courage	Inspiring others	Professionalism	Worker's rights
Creativity	Integrity	Protecting the environment	Workmanship
Curiosity	Intellectual status	Pride	
Emotional intelligence	Intelligence	Quality of life	
Empathy	Kindness	Quiet times	
Equality for all people	Knowledge	Recognition	
Excitement	Laughter	Relationships	
Experimentation	Leadership	Reliability	

Select your Top 5-10 Core Values